

# COVID-19 Preparedness Plan - Updated 6-1-2021

All critical businesses in Minnesota are required to have a COVID-19 preparedness plan that protects staff, children, families and the community you serve. This template is designed to help you create a plan and recognizes the health and safety requirements already required of your program. This template is designed to assist you in meeting the unique needs of your staff and children in care during this peacetime emergency.

According to Executive Order 20-48, critical business, including providers licensed and certified to provide child care services, are required to follow guidance from the [Minnesota Department of Health \(MDH\)](#) and the [Centers for Disease Control and Prevention \(CDC\)](#) to mitigate the spread of COVID-19. MDH encourages providers to follow the [CDC Guidance for Child Care Programs that Remain Open](#). Updated guidance and helpful tools can be found on [mn.gov/childcare](http://mn.gov/childcare). Because there is currently no vaccine for this virus, you will need to operate your program for many months with the possibility that COVID-19 could be confirmed in your program. The MDH/CDC guidance is designed to prevent, and mitigate, or respond to the transmission of COVID-19 in your program setting.

[Executive Order 20-74](#), signed by Gov. Walz on June 5, 2020, requires all critical businesses to develop and implement a COVID-19 Preparedness Plan that outlines how you will implement MDH and CDC guidelines. In order to help you comply, DHS is providing this “Child Care COVID-19 Preparedness Plan” (“Plan”) as a resource for you to use in creating a plan, if you do not already have one. This template should be used with the [checklist guidelines for creating a child care COVID-19 Preparedness Plan](#). The use of this particular form is optional. You may create a Plan using your own form but your Plan must address, at a minimum, the eleven topics identified below.

We know that child care providers care about the health and safety of their children in their care, particularly during this pandemic. That’s why the guidance from MDH and CDC is so important for providers to know about – it provides specific steps you can take to continue to keep everyone safe while operating during this unique public health crisis. The guidance from MDH and CDC includes strategies, such as social distancing, limiting group sizes, hygiene and cleaning practices, screening and exclusion criteria.

Your COVID-19 Preparedness Plan must describe how your program will implement, at a minimum, the following components, in compliance with MDH and CDC guidelines for child care programs:

1. frequent handwashing;
2. cleaning and disinfecting;
3. arrival and departure;
4. social distancing throughout the day;
5. plans for identifying and excluding sick staff, volunteers and children;
6. source control and cloth face coverings;
7. workplace ventilation
8. playground use
9. meals and snacks;

10. field trips and events, and
11. communication and training about the Plan.

You must develop your Plan by June 29, 2020. Providers need to evaluate, monitor, and update their plans if necessary, on a regular basis. The Plan needs to be posted at all of the business's workplaces in readily accessible locations that will allow for the Plan to be readily reviewed by all workers.

You do **not** need to send the completed plan to your DHS (or county) licensor for review or approval. However, you will need to:

- notify enrolled families of the plan and make it available to them upon request;
- train staff, substitutes and volunteers on the plan and ensure they are capable of implementing it, and
- post the plan in a prominent place or make it accessible to staff and volunteers who need to review it.

## HOW TO USE THIS PLAN TEMPLATE:

This template should be used with the [checklist guidelines for creating a child care COVID-19 Preparedness Plan](#). For each required element of the Plan, there are highlights from the relevant MDH and CDC guidance as it relates to that specific topic; however, we encourage you to review the full guidance with its more detailed information to determine what is most applicable to your setting. The bullet points are followed by a space for you to explain how you are incorporating the guidance into your program within each of the content areas, if you choose to use this form as your Plan. Otherwise, you must ensure your Plan, however it is written, addresses the required elements.

### 1. Frequent Handwashing

- Reinforce handwashing routines, especially upon arrival, after having been in a public place or after blowing your nose, coughing, or sneezing. If soap and water are not available, use a hand sanitizer that contains at least 60% alcohol. Ensure children are supervised when using hand sanitizer and that it is inaccessible to them when not in use.
- CDC guidance on handwashing can be found at: <https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/guidance-for-childcare.html#HandHygiene>

#### DESCRIBE PLAN FOR HANDWASHING:

#### Tiny Tigers/ Tiger Cub Club Handwashing Plan –

**All staff and children will wash hands at the following times/scenarios:**

- Upon arrival to day care
- After center time or small group learning and play time
- After playing on the playground or in the gym
- Prior to and after all meals/ snacks
- After diapering and toileting
- After hands have been in the mouth

## 2. Cleaning and disinfecting

- Protocols related to cleaning and disinfection of programs should be detailed so that staff know what is expected of them. Follow MDH and CDC guidance for frequent cleaning and disinfecting of your program:
  - <https://www.health.state.mn.us/diseases/coronavirus/schools/clean.pdf>
  - <https://www.cdc.gov/coronavirus/2019-ncov/community/disinfecting-building-facility.html>
- Ensure high-touch surfaces such as doorknobs, light switches, stair rails, counters, tables and chairs, shared toys, program equipment and other items are regularly cleaned and disinfected.
- Minimize the use of shared supplies (e.g. arts and crafts, office supplies) that cannot be sanitized and consider using designated bins for clean and used items.
- Establish procedures for cleaning and disinfection after persons suspected or confirmed to have COVID-19 have been in the program.

### DESCRIBE PLAN FOR CLEANING AND DISINFECTING:

#### Tiny Tigers/ Tiger Cub Club Staff Cleaning Procedures

- **High-touch surfaces** – Staff following cleaning guidance and chart cleaning all high-touch surfaces at minimum twice daily (more often, if necessary)
- **Minimized shared supplies** – All children will have their own art supply containers. Contents will be sanitized after each use.
- **Procedures for cleaning and disinfection after suspected/confirmed COVID-19** – Authorized Agent will contact Wilkin county public health for up-to-date, appropriate guidance on cleaning and disinfecting the center

## 3. Arrival and Departure

- Whenever possible, pick-up and drop-off should occur outside and/or limit the extent to which parents enter the program and interact with each other.
- Consider use of multiple entrances and exits when these can be used safely by the staff, volunteers and visitors.
- Before children enter the space, screen them to ensure those with symptoms are not attending.
  - Screening process for children: <https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/guidance-for-childcare.html#ScreenChildren>

### DESCRIBE FOR ARRIVAL AND DEPARTURE:

Tiny Tigers and Tiger Cub Club families will use the designated daycare entrance on the west side of Rothsay School to minimize interaction with school children utilizing other entrances. Children will be screened upon arrival – temperature taken, series of health questions asked of care givers. Children’s temperatures will again be recorded upon departure. Temperature of 100.4 degrees or higher will not be admitted to daycare. The child may return when free of fever without medication and all other symptoms (cough, diarrhea, vomiting) for 24 hours. Child care director and coordinator will consult the MN DHS Exclusionary Guidance for Schools and Child Care document to make decisions regarding re-entry of sick children/staff to the daycare center.

#### 4. Plans for sick children, staff, and volunteers

- Conduct daily health checks. This includes screening for children, staff, volunteers, and household members for family child care programs to ensure those who exhibit any symptoms of illness are not present.
- Follow exclusion guidance and ensure children, staff, and volunteers stay home when sick: <http://www.health.state.mn.us/diseases/coronavirus/schools/exguide.pdf>
- Use CDC guidance to develop a plan for what you will do if someone becomes sick with COVID-like symptoms: <https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/guidance-for-childcare.html#General>
- If a child, staff member, or volunteer is diagnosed with COVID-19 or if you have questions about a child, staff member, or volunteer who is exhibiting symptoms, reach out to MDH at [health.schools.covid19@state.mn.us](mailto:health.schools.covid19@state.mn.us) and follow their direction.
- Using the MDH and CDC resources above, create a communication plan for how and when you will notify parents, staff, and volunteers if a child, staff member, volunteer or household member for family child care programs has been exposed, is exhibiting symptoms, or has tested positive.
  - Contact MDH if you have questions (at the email address above)
  - Ensure the parent or guardian contact information in each child's record is up-to-date.

##### **DESCRIBE PLANS FOR SICK CHILDREN, STAFF, AND VOLUNTEERS:**

When a staff member, volunteer, or child is sick, Tiny Tigers/ Tiger Cub Club will follow current information published in the MDH Exclusion Guidance for Schools and Child Care. Staff must stay home if ill, and leave work immediately if exhibiting symptoms described in the health screening checklist. Children who become ill while at Tiny Tigers/ Tiger Cub Club will be removed from the large group to wait for parents to pick up from daycare. If possible, cleaning and sanitizing will begin immediately, taking into consideration the areas of the classroom, equipment, and toys the child contacted. If the person is suspected to have or been exposed to a positive case of COVID-19, the Authorized Agent will contact Wilkin Public Health for further guidance and recommendations. Cleaning, disinfecting, and necessary communication with families and daycare community will take place under the direction of MDH and public health.

#### 5. Social distancing throughout the day

- Limit group sizes as much as possible and create consistent groups of children and providers, staff, or volunteers who stay together throughout the day.
- \*UPDATED JUNE 1, 2021\***
- ~~Add visual cues or barriers to direct traffic flow and distancing. For example, you may want to tape "Xs" on the floor to let children know where they should sit to promote social distancing.~~
  - At nap time, ensure that children's naptime mats (or cribs) are spaced out as much as possible. Consider placing children head to toe in order to further reduce the potential for viral spread.

##### **DESCRIBE PLAN FOR SOCIAL DISTANCING THROUGHOUT THE DAY:**

Whenever possible, children will remain at an appropriate distance from one another. While eating meals, an empty chair will be between two children. Napping cots will be placed to allow extra space. Children will sit on

the rug during large group learning time in a designated spot with adequate space from the next child. Groups of children will rotate in play areas to reduce the number in one space.

## 6. Source control and cloth face coverings

- Cloth face coverings are an important piece for mitigating the spread of the virus but are most effective if it can stay in place without being pulled on or touched by the person wearing it or others. Within this context, the provider, staff members, and volunteers are encouraged to wear cloth face coverings during the work day as much as possible, recognizing the development needs of the children in their care.
- Children should not wear cloth face coverings unless they can reliably wear, remove, and handle the cloth face covering throughout the day. Cloth face coverings should NOT be put on infants or children younger than 2 because of the danger of suffocation.
- Face covering guidance is available here:  
<https://www.health.state.mn.us/diseases/coronavirus/schools/masks.html#child>  
<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/diy-cloth-face-coverings.html>

### DESCRIBE PLAN FOR SOURCE CONTROL AND CLOTH FACE COVERINGS:

#### **\*UPDATE JUNE 1, 2021\***

MN DHS updated guidance on [Masking Requirements for Child Care: COVID-19](#)

- **Staff are required to wear masks when intermixing with other groupings of children, ie: providing staff breaks/lunch, floating between classrooms, serving meals.** Otherwise, masks are not required. Staff may choose to wear a mask or a shield.
- Children under the age of five (5) are not required to wear masks as of 6/23/2020
- Children over the age of five (5) are not required to wear masks as of 6/1/2021

## 7. Workplace ventilation

- Recognizing this may be difficult in center or school buildings, where possible work to maximize the amount of fresh air being brought in, limit air recirculation and make sure ventilation systems are being properly used and maintained. Take steps to minimize air flow blowing across people. It could mean keeping windows open where possible, removing or repositioning fans, and encouraging outdoor time.

### DESCRIBE PLAN FOR VENTILATION AND AIR FLOW, IF POSSIBLE:

Tiny Tigers/ Tiger Cub Club is housed in the Rothsay Public School built in 2015 with a new and efficient ventilation and air circulation system.

## 8. Playground use

- Wash hands before and after touching play structures.

### DESCRIBE PLAN FOR MITIGATING COVID-19 IN PLAYGROUND USE:

- **Groups rotate play time to ensure low number of children on the equipment at a time**

- All children and staff wash hands upon returning to the child care classroom

## 9. Meals and snacks

- If meals are typically served family-style, plate each meal and serve it so that multiple children are not using the same serving utensils.
- To the extent possible, serve meals in individual classrooms. If using a cafeteria, the meal should be served to one small group of children at a time, with cleaning and sanitizing occurring in between groupings.

### DESCRIBE PLAN FOR MITIGATING COVID-19 DURING MEALS AND SNACK TIMES:

- Children and staff wash hands thoroughly before meals/ snacks.
- Eating surfaces are disinfected prior to meals/snacks
- Whenever possible, children are provided extra space at the tables when eating
- Children are served meals by staff members in gloves
- Children and staff wash hands after the meal
- Tables are sanitized after the meal

## ~~10. Field trips and events~~

### ~~\*UPDATED JUNE 1, 2021\*~~

- ~~Do not plan large group activities, such as field trips and family events. Consider changing field trips and events to a virtual format where appropriate.~~
- ~~If you have an in-house field trip, screen the presenter. It would be best if in-house field trips are held outside in small group settings. Remember that social distance needs to be maintained, groups should not be mixed, and whenever possible, cleaning and sanitizing should occur between groups.~~

### ~~DESCRIBE PLAN FOR MITIGATING COVID-19 DURING FIELD TRIPS AND EVENTS:~~

- ~~Off-campus field trips that involve travel in a vehicle have been suspended~~

## 11. Communications and training

- The plan must be available to the Commissioner and offered to families. Be sure to communicate to families, using plain language, the expectations for parents and children in implementing this plan (e.g. outdoor pick-up/drop-off protocols).
- The plan must be posted in a prominent place and readily accessible to all of your employees, adult caregivers, substitutes, and volunteers who need to review it. Provide training to ensure everyone is following your plan. Keep these individuals updated on any changes to the plan.
- Staff with concerns about their employer's COVID-19 Preparedness Plan or questions about their rights should contact MNOSHA Compliance at [osha.compliance@state.mn.us](mailto:osha.compliance@state.mn.us), 651-284-5050 or 877-470-6742.

**DESCRIBE PLAN FOR COMMUNICATIONS AND TRAINING:**

- Staff will be briefed on any and all information regarding COVID-19 via email and in-person meetings.
- COVID-19 information will be kept in the classrooms in a separate binder with extra copies to provide parents.
- Procedures will be posted outside the classrooms and copies of all information will be available to families upon request