

## Rothsay Public School JANUARY Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>1 NO SCHOOL NEW YEARS DAY</b>			
7 BREAKFAST: French Toast Steaks, Sausage, Fruit, Juice and Milk  LUNCH: Chicken Strips, Mashed Potatoes w/ Gravy, Corn, Bread, Fruit and Milk 9-12: Bread and Fruit	8 BREAKFAST: Cereal, Toast, Juice, Fruit and Milk  LUNCH: Nacho Cheese Plate, Shrd Lettuce, broccoli, Fruit and Milk 9-12: Bread and Fruit	9 BREAKFAST: English muffin, Ham, fruit, Juice and Milk  LUNCH: Tator Tot Holdish, Peas, Bread, Cookie, Fruit and Milk 9-12: Bread and Fruit	10 BREAKFAST: Cereal, Toast, Juice, Fruit and Milk  LUNCH: BBQ, Baked Beans, Romaine Salad, Fruit and milk 9-12: Fruit	11 BREAKFAST: Long Johns, Juice, Fruit and Milk  LUNCH: Pepperoni pizza, Carrots Sticks Colerslaw, Fruit and Milk 9-12: Bread and Fruit
14 BREAKFAST: Breakfast Pizza, Fruit, Juice and Milk  LUNCH: Chicken Gravy, Mashed Potatoes, Peas, Bread, Fruit and Milk 9-12: Bread and Fruit	15 BREAKFAST: Cereal, Toast, Juice, Fruit and Milk  LUNCH: Chili, Crackers, Bread, Carrot sticks, Fruit and Milk 9-12: Bread and Fruit	16 BREAKFAST: Biscuits and Gravy, Fruit, Juice and Milk  LUNCH: Chicken Patty, Green Beans, Fruit and Milk 9-12: Fried Rice, Fruit	17 BREAKFAST: Oatmeal or Banana Choc. Chip Bars Fruit, Juice and Milk  LUNCH: Italian Dunkers, Romaine Salad, cooked carrots, Fruit and Milk 9-12: Bread and Fruit	18 BREAKFAST: Cereal, Toast, Juice, Fruit and Milk  LUNCH: Cheese Quesadilla, Colerslaw, Broccoli, Fruit and Milk 9-12: Bread and Fruit
<b>21 NO SCHOOL TEACHER WORK SHOP</b>	22 BREAKFAST: Cinnamon Rolls, Fruit, Juice and Milk  LUNCH: Chicken Nuggets, Mashed Potatoes w/ Gravy, Green Beans, Bread, Fruit and Milk 9-12 Fruit and Bread	23 BREAKFAST: Cereal, Toast, Juice, Fruit and Milk  LUNCH: Corn Dogs, Mac and Cheese, Carrot Sticks, Fruit and Milk 9-12: Fruit	24 BREAKFAST: Long Johns, Fruit, Juice and Milk  LUNCH: Tacos Shrd Lettuce, Shrd Cheese, Black Beans, Broccoli, Fruit and Milk 9-12: Bread and Milk	25 BREAKFAST: Cereal, Toast, Juice, Fruit and Milk  LUNCH: Hot Ham and Cheese, Potatoes Smiles, Carrot sticks, Fruit and Milk 9-12: Fruit
28 BREAKFAST: Strawberry or Cinn. Cream cheese Bagel, Juice, Fruit and Milk  LUNCH: Mashed potatoes, Hamburger Gravy, Corn, Bread, Fruit and Milk 9-12: Bread and Fruit	29 BREAKFAST: Cereal, Toast, Juice, Fruit and milk  LUNCH: Chicken Fajita, Shrd Lettuce, Shrd Cheese, Carrot sticks, Salsa, Fruit and Milk 9-12: Bread and Fruit	30 BREAKFAST: Blueberry or Banana Muffin, Cheese stick, Fruit, Juice and Milk  LUNCH: Hamburger on Bun Sideshower Fries, Broccoli, Fruit and Milk 9-12: Fruit	31 BREAKFAST: Cereal, Toast, Juice, Fruit and Milk  LUNCH: Crispito, Hash Browns, Broccoli/Carrots, Fruit and Milk 9-12: Fruit, colerslaw	

*Second Chance Breakfast served every day at 10:07am Mon. Long Johns Tues. Parfait Wed Choc Chip Bars Thurs Parfait Fri Breakfast Burrito..... Veggie/Fruit bar*