



# JANUARY 2022



Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>3</b></p> <p><b>Breakfast</b> Pancakes or Oatmeal Bar, Fruit, Juice, Milk</p> <p><b>2nd Bkfst for High School</b> Biscuit and Gravy</p> <p><b>Lunch</b> Chicken Fajita, Black Beans, Refried Beans, Carrots, Fruit, Milk</p>	<p><b>4</b></p> <p><b>Breakfast</b> Long John or Oatmeal Bar, Fruit, Juice, Milk</p> <p><b>2nd Bkfst for High School</b> Cream Cheese Bagel, Burrito or Oatmeal Bar</p> <p><b>Lunch</b> Riblet Sandwich, Fries, Lettuce, Fruit, Milk</p>	<p><b>5</b></p> <p><b>Breakfast</b> Cheese Omlette or Cereal, Toast, Fruit, Juice, Milk</p> <p><b>2nd Bkfst for High School</b> Parfait or Banana Bread</p> <p><b>Lunch</b> Spaghetti Hotdish, Breadstick, Romaine Salad, Broccoli, Milk</p>	<p><b>6</b></p> <p><b>Breakfast</b> Muffin, Cheese Stick or Oatmeal bar, Fruit, Juice, Milk</p> <p><b>2nd Bkfst for High School</b> Tornado</p> <p><b>Lunch</b> Hamburger Gravy w/ Mashed Potatoes, Corn, Roll, Fruit, Milk</p>	<p><b>7</b></p> <p><b>Breakfast</b> Bagel w/Cream Cheese or Cereal/Cheese Stick, Fruit, Juice, Milk</p> <p><b>2nd Bkfst for High School</b> Breakfast Bar</p> <p><b>Lunch</b> Pizza, Coleslaw, Carrots, Fruit, Milk</p>
<p><b>10</b></p> <p><b>Breakfast</b> Banana Bread or Oatmeal Bar, Fruit, Juice, Milk</p> <p><b>2nd Bkfst for High School</b> Biscuit and Gravy</p> <p><b>Lunch</b> Meatballs w/ Gravy, Mashed Potatoes, Bun, Corn, Fruit, Milk</p>	<p><b>11</b></p> <p><b>Breakfast</b> Yogurt Parfaits or Oatmeal Bar, Fruit, Juice, Milk</p> <p><b>2nd Bkfst for High School</b> Cream Cheese Bagel, Burrito or Oatmeal Bar</p> <p><b>Lunch</b> Chicken Alfredo, Bread Stick, Cooked Broccoli, Fruit, Milk</p>	<p><b>12</b></p> <p><b>Breakfast</b> Cereal or Muffin, Cheese stick, Fruit, Juice, Milk</p> <p><b>2nd Bkfst for High School</b> Parfait or Banana Bread</p> <p><b>Lunch</b> Chili, Pretzel, Carrots, Fruit, Milk</p>	<p><b>13</b></p> <p><b>Breakfast</b> Mini French Toast or Cereal/Toast, Fruit, Juice, Milk</p> <p><b>2nd Bkfst for High School</b> Tornado</p> <p><b>Lunch</b> Quesadilla, Romaine Salad, Carrots, Fruit, Milk</p>	<p><b>14</b></p> <p><b>Breakfast</b> Breakfast Pizza or Muffin/Cheese Stick, Fruit, Juice, Milk</p> <p><b>2nd Bkfst for High School</b> Breakfast Bar</p> <p><b>Lunch</b> French Toast, Sausage, Hashbrown, Broccoli, Fruit, Milk</p>
<p><b>17</b></p> <p><b>Breakfast</b> Pancakes or Oatmeal Bar, Fruit, Juice, Milk</p> <p><b>2nd Bkfst for High School</b> Biscuit and Gravy</p> <p><b>Lunch</b> Italian Dunker, Meat Sauce, Romaine Salad, Carrots, Fruit, Milk</p>	<p><b>18</b></p> <p><b>Breakfast</b> Cream Cheese Bagels or Cereal/Toast, Fruit, Juice, Milk</p> <p><b>2nd Bkfst for High School</b> Cream Cheese Bagel, Burrito or Oatmeal Bar</p> <p><b>Lunch</b> Pizza Boat or Cheesy Garlic Boat, Fruit, Peas, Carrots/Broccoli, Milk</p>	<p><b>19</b></p> <p><b>Breakfast</b> Egg Patty or Cereal, Toast, Fruit, Juice, Milk</p> <p><b>2nd Bkfst for High School</b> Parfait or Banana Bread</p> <p><b>Lunch</b> Tiger Taco, Fruit, Black Beans, Refried Beans, Milk 9-12 Breadstick</p>	<p><b>20</b></p> <p><b>Breakfast</b> Biscuits with Peanut Butter or Cereal/Toast, Fruit, Juice, Milk</p> <p><b>2nd Bkfst for High School</b> Tornado</p> <p><b>Lunch</b> Chicken Strips, Mashed Potatoes w/Gravy, Fruit, Green Beans, Milk 6-12 Bun</p>	<p><b>21</b></p> <p><b>Breakfast</b> Cinnamon Roll or Oatmeal Bar, Fruit, Juice, Milk</p> <p><b>2nd Bkfst for High School</b> Breakfast Bar</p> <p><b>Lunch</b> Pulled Pork Sandwich, Fruit, Baked Beans, Scalloped Potatoes, Milk</p>
<p><b>24</b></p> <div style="text-align: center;">  <p>No School</p> </div>	<p><b>25</b></p> <p><b>Breakfast</b> Long John or Oatmeal Bar, Fruit, Juice, Milk</p> <p><b>2nd Bkfst for High School</b> Cream Cheese Bagel, Burrito or Oatmeal Bar</p> <p><b>Lunch</b> Tater Tot Hotdish, Fruit, Corn, Roll, Cookie, Milk</p>	<p><b>26</b></p> <p><b>Breakfast</b> Waffles or Muffin/Cheese Stick, Fruit, Juice, Milk</p> <p><b>2nd Bkfst for High School</b> Parfait or Banana Bread</p> <p><b>Lunch</b> Chicken Gravy w/Mashed Potatoes, Fruit, Green Beans, Bun, Milk</p>	<p><b>27</b></p> <p><b>Breakfast</b> Mini Donuts or Cereal, Cheese Stick, Fruit, Juice, Milk</p> <p><b>2nd Bkfst for High School</b> Tornado</p> <p><b>Lunch</b> Fiestadas, Fruit, Broccoli/Carrots, Romaine Salad, Milk 9-12 Tortilla Chips/Salsa</p>	<p><b>28</b></p> <p><b>Breakfast</b> Yogurt Parfaits or Oatmeal Bar, Fruit, Juice, Milk</p> <p><b>2nd Bkfst for High School</b> Breakfast Bar</p> <p><b>Lunch</b> Sloppy Joe, Baked Chips, Fruit, Baked Beans, Carrots, Milk</p>
<p><b>31</b></p> <p><b>Breakfast</b> Pancakes or Oatmeal Bar, Fruit, Juice, Milk</p> <p><b>2nd Bkfst for High School</b> Biscuit and Gravy</p> <p><b>Lunch</b> Chicken Alfredo, Bread Stick, Cooked Broccoli, Fruit, Milk</p>	<p><b>Notes:</b></p> <p>***Alternative to Main Entree is PB&amp;J Sandwich (M, W, F) &amp; Deli Sandwich (T, Th)</p> <p>All grades served assorted Fruit and Veggie bar daily.</p> <p>2nd Chance Bkfst includes choice of Fruit, Juice &amp; Milk daily</p> <p>Menu is subject to change as needed without notice.</p> <p>This institution is an equal opportunity provider.</p>			