



# MAY 2023



Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>1</b></p> <p><b>Breakfast</b> Banana/Pumpkin Bread or Oatmeal Bar, Fruit, Juice, Milk</p> <p><b>2nd Bkfst for grades 7-12</b> Breakfast Pizza</p> <p><b>Lunch</b> Hamburger on bun, Fries, Carrots, Broccoli, Fruit, Milk</p>	<p><b>2</b></p> <p><b>Breakfast</b> Mini Donuts or Breakfast Bars, Fruit, Juice, Milk</p> <p><b>2nd Bkfst for grades 7-12</b> Cream Cheese Bagels</p> <p><b>Lunch</b> Chicken Nuggets, Mashed Potatoes, Gravy, Corn, Fruit, Milk 6-12 Dinner Roll</p>	<p><b>3</b></p> <p><b>Breakfast</b> Yogurt Bar or Cereal/Cheese stick, Fruit, Juice, Milk</p> <p><b>2nd Bkfst for grades 7-12</b> Egg Sandwich</p> <p><b>Lunch</b> Hot Dog in bun, Baked Beans, Carrots, Broccoli, Fruit, Milk</p>	<p><b>4</b></p> <p><b>Breakfast</b> Waffles or Breakfast Bars, Fruit, Juice, Milk</p> <p><b>2nd Bkfst for grades 7-12</b> Tornado</p> <p><b>Lunch</b> Nacho Cheese Plate, Fruit, Refried/Black Beans, Carrots, Milk 6-12 Breadstick</p>	<p><b>5</b></p> <p><b>Breakfast</b> Breakfast Pizza or Muffin/Cheese Stick, Fruit, Juice, Milk</p> <p><b>2nd Bkfst for grades 7-12</b> Long John</p> <p><b>Lunch</b> Garlic Cheese Boat, Marinara Sauce, Carrots, Romaine Salad, Broccoli, Fruit, Milk</p>
<p><b>8</b></p> <p><b>Breakfast</b> Pancakes or Oatmeal Bar, Fruit, Juice, Milk</p> <p><b>2nd Bkfst for grades 7-12</b> Breakfast Pizza</p> <p><b>Lunch</b> Orange Chicken, Rice, Fruit, Romaine Salad, Milk</p>	<p><b>9</b></p> <p><b>Breakfast</b> Cream Cheese Bagels or Cereal/Toast, Fruit, Juice, Milk</p> <p><b>2nd Bkfst for grades 7-12</b> Cream Cheese Bagels</p> <p><b>Lunch</b> Cheeseburger Mac, Romaine Salad, Carrots, Fruit, Milk 9-12 Breadstick</p>	<p><b>10</b></p> <p><b>Breakfast</b> Oatmeal or Cereal, Toast, Fruit, Juice, Milk</p> <p><b>2nd Bkfst for grades 7-12</b> Egg Sandwich</p> <p><b>Lunch</b> Sloppy Joe, Baked Chips, Fruit, Baked Beans, Carrots, Milk</p>	<p><b>11</b></p> <p><b>Breakfast</b> Cheese Omelet or Cereal, Toast, Fruit, Juice, Milk</p> <p><b>2nd Bkfst for grades 7-12</b> Tornado</p> <p><b>Lunch</b> Meatball Sub in marinara sauce, Fruit, Romaine Salad, Milk</p>	<p><b>12</b></p> <p><b>Breakfast</b> Cinnamon Roll or Oatmeal Bar, Fruit, Juice, Milk</p> <p><b>2nd Bkfst for grades 7-12</b> Long John</p> <p><b>Lunch</b> Pizza, Coleslaw, Carrots, Fruit, Milk</p>
<p><b>15</b></p> <p><b>Breakfast</b> Breakfast Pizza or Breakfast Bar, Fruit, Juice, Milk</p> <p><b>2nd Bkfst for grades 7-12</b> Breakfast Pizza</p> <p><b>Lunch</b> Chicken Strips, Mashed Potatoes w/Gravy, Fruit, Green Beans, Milk 6-12 Dinner Roll</p>	<p><b>16</b></p> <p><b>Breakfast</b> Stuffed Hashbrown or Cereal, Toast, Fruit, Juice, Milk</p> <p><b>2nd Bkfst for grades 7-12</b> Cream Cheese Bagels</p> <p><b>Lunch</b> French Toast, Hashbrown, Sausage, Broccoli, Fruit, Milk</p>	<p><b>17</b></p> <p><b>Breakfast</b> Waffles or Muffin/Cheese Stick, Fruit, Juice, Milk</p> <p><b>2nd Bkfst for grades 7-12</b> Egg Sandwich</p> <p><b>Lunch</b> Spaghetti Hotdish, Breadstick, Romaine Salad, Broccoli, Milk</p>	<p><b>18</b></p> <p><b>Breakfast</b> Long John or Breakfast Bar, Fruit, Juice, Milk</p> <p><b>2nd Bkfst for grades 7-12</b> Tornado</p> <p><b>Lunch</b> Pulled Pork Sandwich, Baked Potato, Baked Beans, Coleslaw, Fruit, Milk</p>	<p><b>19</b></p> <p><b>Breakfast</b> Yogurt Bar or Cereal/Cheese stick, Fruit, Juice, Milk</p> <p><b>2nd Bkfst for grades 7-12</b> Long John</p> <p><b>Lunch</b> Quesadilla Pizza, Romaine Salad, Carrots, Fruit, Milk</p>
<p><b>22</b></p> <p><b>Breakfast</b> Cream Cheese Bagels or Cereal/Toast, Fruit, Juice, Milk</p> <p><b>2nd Bkfst for grades 7-12</b> Cooks Choice</p> <p><b>Lunch</b> Chicken Alfredo, Breadstick, Cooked Broccoli, Fruit, Milk</p>	<p><b>23</b></p> <p><b>Breakfast</b> Cheese Omelet or Cereal, Toast, Fruit, Juice, Milk</p> <p><b>2nd Bkfst for grades 7-12</b> Cooks Choice</p> <p><b>Lunch</b> Crispitos, Romaine Salad, Broccoli, Carrots, Corn, Fruit, Milk</p>	<p><b>24</b></p> <p><b>Breakfast</b> Cinnamon Roll or Oatmeal Bar, Fruit, Juice, Milk</p> <p><b>2nd Bkfst for grades 7-12</b> Cooks Choice</p> <p><b>Lunch</b> Shrimp Poppers, Potato Smiles, Fruit, Milk 6-12 Peanut Butter Bread</p>	<p><b>25</b></p> <p><b>Breakfast</b> Muffin or Cereal, Cheese stick, Fruit, Juice, Milk</p> <p><b>2nd Bkfst for grades 7-12</b> Tornado</p> <p><b>Lunch</b> Pepperoni Pizza Boat, Fruit, Carrots/Broccoli, Romaine Salad, Milk</p>	<p><b>26</b> <i>LAST DAY OF SCHOOL!</i></p> <p><b>Breakfast</b> Long John or Breakfast Bar, Fruit, Juice, Milk</p> <p><b>2nd Bkfst for grades 7-12</b> Long John</p> <p><b>Lunch</b> Hot Dog in bun, Chips, Carrots, Fruit, Milk</p>
<p><b>**Alternative to Main Entree is PB&amp;J Sandwich (M &amp; F), Stuffed Breadstick w/sauce (T), Pizza Sub (W), Deli Sandwich (TH)</b></p> <p>All grades served assorted Fruits and Veggies daily. Condiments are served.</p> <p>2nd Chance Bkfst also includes choice of Breakfast Bars, Fruit, Juice &amp; 1% or Skim Milk daily</p> <p>Milk choices: Breakfast: 8oz fat free or 1% white milk. Lunch: 8oz fat free or 1% white or fat free chocolate milk</p> <p><b>Menu is subject to change as needed without notice.</b></p>				
<p>This institution is an equal opportunity provider.</p>				

