



Rothsay Public School COVID-19 Guidelines for All Ages

HIPAA Privacy Rule: Only contact the **school office** regarding COVID-19. Once all information is gathered, the appropriate teachers/staff will be notified.

We will notify students within the classroom of a Positive Covid-19 person.

Exposed Individual / Close Contact

- Do not need to quarantine if symptom free
- May quarantine while monitoring symptoms
- Recommend testing 5 to 7 days after exposure, even if symptom free
- Continue to monitor for symptoms for 14 days

Positive Individual who NEVER develops symptoms

- Quarantine for 5 full days and may return on the 6th day if they continue to have no symptoms.
- Recommend wearing a mask when around others until day 10. If you are unable to wear a mask, we recommend quarantining for the full 10 days and may return on day 11.

Positive Individual who has/had symptoms - All 3 must apply before returning

- Quarantine for 5 full days
- Be fever free for 24 hours without the use of fever-reducing medications
- Other symptoms have improved (not including lost of taste & smell)

Recommend wearing a mask when around others until day 10. If you are unable to wear a mask, we recommend quarantining for the full 10 days and may return on day 11.

Positive Household Member:

<p><u>IF able to Quarantine Separately</u></p> <ul style="list-style-type: none"> ● Stay/Return to school immediately, if symptom free ● Monitor for symptoms for 14 days 	<p><u>IF unable to Quarantine Separately</u></p> <ul style="list-style-type: none"> ● Positive household member quarantines for 5 full days, on the 6th day may test and return to school immediately with a Negative result.
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Symptoms of COVID-19 include:

<ul style="list-style-type: none"> ● Fever of 100.4 degrees Fahrenheit or higher ● New loss of taste or smell ● Sore throat ● Nasal congestion/stuffy or runny nose ● Chills 	<ul style="list-style-type: none"> ● New cough or a cough that gets worse ● Difficulty/hard time breathing ● Muscle pain ● Extreme fatigue/feeling very tired ● Severe/very bad headache
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